

PINE ISLAND JR. LIFE GUARD

Monday
June 24

10am - INTRO TO STAFF, FACILITY, AND COURSE OUTLINE

11am - STROKE DEVELOPMENT

12pm - LUNCH

1pm - VICTIM RECOGNITION TRAINING (VRT) 3D SCANNING

2pm - COMPACT JUMPS CONSCIOUS RESCUE

3pm - ORGANIZED GAMES

Tuesday
6/25/24

10am - REVIEW AND UNCONSCIOUS RESCUES

11am - AED AND BAG VALVE

12pm - LUNCH

1:30pm - RESCUE BREATHING (Adult, Child, Infant) CPR (Adult, Child, Infant)

3pm - ORGANIZED GAMES

Wednesday
6/26/24

10am - GUESS SPEAKER



11:30am REVIEW CPR and RESCUE BREATHING

12:30pm - LUNCH

1:30pm - REVIEW WATER SKILLS

2:30pm - BASIC FIRST AID

3pm - ORGANIZED GAMES

Thursday
6/27/24

10am - REVIEW SKILLS ROTATION 3 POINTS OF CONTACT

11am - REVIEW 1st AID AND CPR

12pm - LUNCH

1pm - Shadow guarding

3pm - ORGANIZED GAMES

Friday
6/28/24

10am - SWIM AND REVIEW

11am - Trip to Pine Island Fire Company

12:30pm - LUNCH

1pm - ACTIVE/PASSIVE SPINAL

2pm - ORGANIZED GAMES

- Camp Hours: 10 a.m.- 4 p.m.
- Items campers should have with them include sunscreen, hat & sunglasses, tennis shoes, towel, swim suit, goggles, and lunch & snacks.
- We practice Safety First - at all times.
- Calendars are subject to change



Traditional Camp Director:

John Zavacky |

JZavacky@leegov.com

Pine Island Community Pool

239-283-2220