

# Lee County Parks and Recreation Lehigh Acres Senior Center April 2025


















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Lehigh Acres Senior Center

**Monday-Friday  
8 a.m.-4 p.m.**

**You must sign up for any event with asterisks \*\* by the Thursday prior to the event.  
If not indicated, the sign up sheet is at the front desk.**

Speakers are for informational purposes and not necessarily endorsed by Lee County Parks & Recreation.

**See back for  
activity  
schedule.**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p><b>1 2:30 p.m.</b> **Harry Chapin - "Eat the Rainbow"</p> 	<p><b>2 2 p.m.</b> **Zach Brown Law Firm - Domiciling in Florida: Unlocking Key Estate Planning, Tax &amp; Financial Benefits.</p> 	3	<p><b>4 1-3:30 p.m.</b> Karaoke</p> 	5
6	7	<p><b>8 2:30 p.m.</b> **Humana - 4 Steps to Jumpstart Healthy Habits</p> 	<p><b>9 11:45 a.m.</b> **Hot Dog Day \$3 (Kitchen) <i>Sign up 3/17-4/7</i></p> 	<p><b>10 1 p.m.</b> **Area Agency on Aging for SWFL - Presentation regarding "Savvy Caregiver Training for Alzheimer's and Dementia Caregivers"</p> <p><i>Not actual training</i></p> 	<p><b>11 9:30 a.m.</b> Board Meeting</p> <p><b>1-3:30 p.m.</b> Karaoke</p> 	12
13	<p><b>14 No Full Body Class 11:30 a.m.</b> **Lunch Bunch - Avow Care Services: Transitional Health Care as We Age</p>  	<p><b>15 2:30 p.m.</b> **</p>  <p>w/ Harmony Meadows</p>	<p><b>16 2:30 p.m.</b> **Dedicated Sr. Medical Ctr. - Meditation with Dedication</p> 	<p><b>17 1 p.m.</b> **Mar/Apr Birthday Party - Guests \$8 (Kitchen) Let's Entertain to perform</p> <p><i>Sign up 3/1-4/10</i></p> <p><b>Theme Oscar Party</b></p> 	<p><b>18 1-3:30 p.m.</b> Karaoke</p> 	19
20	<p><b>21</b></p> <p style="text-align: center;"><i>Rain Barrel Painting on Porch</i></p> 	<p><b>22 2:30 p.m.</b> **Lee County Library - Community Conversations "Community Resources"</p> <p><b>LIMIT 10</b></p>  <p style="text-align: center;"><i>Rain Barrel Painting on Porch</i></p>	<p><b>23 2:30 p.m.</b> **The Dubin Center - Brain Boosters: Games &amp; Activities</p>  <p style="text-align: center;"><i>Rain Barrel Painting on Porch</i></p>	<p><b>24 Dancercise @ 9 Full Body @ 9:45 Noon-3 p.m.</b> Rain Barrel Judging &amp; Award Luncheon</p>	<p><b>25 1-3:30 p.m.</b> Karaoke</p> 	26
27	<p><b>28 No Full Body Class 11:30 a.m.</b> **Lunch Bunch - Hope PACE &amp; Zacharia Brown Law Firm - "Estate Planning &amp; Medicaid Solutions for Long-Term Care-Resources to Protect Your Health &amp; Wealth."</p>	29	30	<p>Lehigh Acres Senior Citizens Center 219 Plaza Drive Lehigh Acres, FL 33936 239-369-5355 www.leeparks.org www.lehighacresseniorcitizenscenter.com</p>		