

FOR IMMEDIATE RELEASE

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Fifth annual Health and Wellness Fair returns to Estero Park; mark your calendar for Jan. 29

Estero, FL, Dec. 16, 2021 – Lee County Parks & Recreation and Lee Health will host the fifth annual Health and Wellness Fair from 9 a.m. to noon, Saturday, Jan. 29, at Estero Park and Recreation Center, 9200 Corkscrew Palms Blvd., Estero.

Vendor booths from local Lee County businesses will be set up at the Estero Park. Health education and screenings will be provided by the Lee Health Outreach Team. Enjoy demonstrations from local businesses, exhibits with weight-loss vendors and the opportunity to donate blood on the Lee Health blood bus.

The free event is designed for residents and visitors to meet with local agencies to learn how to live a healthier lifestyle.

For directions and more information, visit www.leeparks.org or call 239-533-1470.